

“THOU SHALT NOT COMMIT ADULTERY”

WEDNESDAY NIGHT BIBLE STUDY | PASTOR ELY REYNOLDS | FEBRUARY 21, 2024

THE SEVENTH COMMANDMENT

Exodus 20:14, “Thou shalt not commit adultery.”

- In the Old Testament, adultery was a capital offense. (Lev. 20:10; Deu. 22:22)
- It is condemned in the New Testament. (Heb. 13:4; Gal. 5:19)
- Marriage is a _____ union and commitment.

A DANGEROUS PROGRESSION

1. Adultery starts with the _____. (Matt. 5:27-28)
2. The eyes move the _____. (Matt. 5:27-28; II Pet. 2:7-8; Lam. 3:51)
3. The heart moves the _____. (Matthew 5:27-28)

3 TYPES OF ADULTERY

1. _____ ADULTERY. (Eze. 23:37)
 - a. _____ is spiritual adultery.
 - b. When we go after any other god besides our God, we are guilty of spiritual adultery.
2. _____ ADULTERY.
3. _____ ADULTERY.
 - a. Just because something is not physical, that does not mean it is not _____ your marriage.
 - b. *Emotional affair* = “A non-sexual relationship involving a similar level of emotional intimacy and bonding as a romantic relationship.”
 - c. **SIGNS OF AN EMOTIONAL AFFAIR** (from *verywellmind.com*): Frequent contact, Frequent sharing, Constant thoughts, Feeling understood, Inappropriate sharing, Unfair comparisons, Spending more time together, Secrecy, Less time for your spouse

PREVENTATIVE MEASURES

1. Stay _____ to your spouse.
2. Be _____ to one another.
3. Consider the _____.
 - a. “It is better to sleep on what you plan to do than to be kept awake by what you’ve done.”
 - b. Proverbs 6:32-33, “But whoso committeth adultery with a woman lacketh understanding: he that doeth it destroyeth his own soul. A wound and dishonor shall he get; and his reproach shall not be wiped away.”
4. Take _____ measures. (Matt. 5:29-30)
 - a. The point of these verses is to take extreme measures when it comes to this type of sin.
 - b. Do not be afraid to take extreme measures to ensure your purity and testimony.

**Are you guarding what is coming into your eyes?
Is there someone that you are too close to and you need to back away?
What measures can you take to help _____ your marriage?**