

SUMMER ELECTIVES / 2021 - WEEK 3
Recognizing Toxic Friendships (What are some Red Flags?)

1. Self Examination: What are YOUR “Red Flag(s)” that need(s) attention?



2. What are Red Flags to be aware of in “Bad” Friendships?



3. What draws a Christian into “**BAD**”, “**TOXIC**”, “**UNHEALTHY**” friendships?
Scripture: Colossians 1:9-12

GOOD FRIENDS



... appreciate and like you for who you are.

... accept that you get to choose your own friends.

... make you feel welcome in their group or activity.

... have good things to say about you to their friends.

... use humor in a harmless way.

... make you feel accepted and safe.

... work things out with you when you have problems.

... are friends you can count on, every day.

... really want to hang out with you.

BAD FRIENDS



... put you down to build themselves up.

... tell you who you can be friends with.

... won't let you join their group or activity.

... gossip, spread rumors, or send hurtful email and text messages about you.

... hide behind the words "just kidding" or "no offense, but..." when saying something really hurtful.

... make you feel unaccepted and unsafe.

... refuse to admit when they did something wrong and they keep doing it!

... are nice one day and mean the next.

... only play with you until "someone better" comes along.