



The Crusade

Volume 3 Issue 2

October 2019

Upcoming Events

- ▶ **PSAT/NMSQT Test (10th-11th Grade)-**
Wednesday, October 16
- ▶ **Parent-Teacher Conferences (1:00 Dismissal)-**
Thursday-Friday, October 17-18
- ▶ **Candy Sale Begins-**
Tuesday, October 29
- ▶ **School Pictures (Makeups)-**
Wednesday, October 30
- ▶ **Veterans Day (No school)-**
Monday, November 11

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Fear for Fun

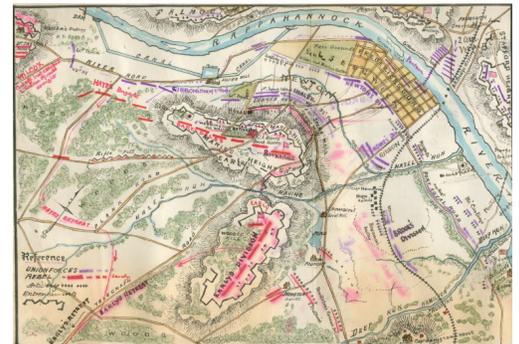
There are many fears in this world. Lots of people are afraid of different things. Some people are afraid of very small things, such as snakes, bugs, or the world suddenly exploding; however, everybody, no matter who you are, or what you think, is scared of something. A common fear that people have is the fear of spiders, which is known as "arachnophobia." One of the oddest fears I've ever heard of is ablutophobia, the fear of showers, cleaning, or bathing. The scientific name for fear is "phobia." Did you know that every human is born with only two fears? A psychology study showed that every fear is learned except the fear of falling, and the fear of loud noises. Of course many people get over these common fears.



Fear has a use in some things though; one of the things fear is used for is entertainment. I know it sounds weird on paper, but people pay money to be scared. Skydiving, rollercoasters, or scary movies; all of these are activities people pay for just to be scared. Fear triggers a chemical in our brains that gives us an adrenaline boost. Most people find adrenaline to feel good; the blood pumping through your veins, your heart beating out of your chest, the sudden feeling of euphoria in your head gives a satisfaction after it leaves. That is why people pay to get scared. Have a frightening October everyone!

UNCLE SAM'S PATRIARTICLE: THE BATTLE OF CHANCELLORSVILLE

The Battle of Chancellorsville is greatly considered Robert E. Lee's greatest victory. Lee had the higher ground; Hooker had his back to the Rappahannock River. In the frightening wilderness of Virginia, Robert E. Lee fought against Union General Joseph Hooker and an army twice the size of his own. However, Joseph Hooker's fatal mistake was the fact that he did not press the advantage of his many troops. Instead, he fell back to defensive positions. So General Lee split up his troops to press Joseph's army against the river, and took advantage of Joseph Hooker's poor battle strategy. Joseph's army was forced to retreat across the Rappahannock River, but Lee's victory did not come easily. One of his most trusted and fierce men, Thomas (Stonewall) Jackson was wounded by friendly fire during the attack, along with many more casualties.



TECH TALK: HOLOLENS **Real Life Holograms.**

Ever wanted to be like Iron man with all his holograms. Well with the new HoloLens 2 you can make all of your wildest dreams come true!

Today we look at holographic technology and say "Neat" or "That's cool" but it has never really been of any real use until now! The HoloLens 2 (The second version of this product) uses room scanning technology to place real time holograms in the palm of your hands. Many people do not know the difference between AR and VR. The difference is with VR you are really only confined to a virtual world and with AR it is a mix where the virtual can interact with the physical world. This particular product (pictured) is capable of AR not VR.



Uses hand tracking technology to accurately distinguish gestures.

REAL WORLD APPLICATION

These glasses can be used by surgeons or by architects in designing buildings.

The Pros: The second version has a 2k display on each lens. The motion tracking has improved in the second version. And With the new cameras and software it now has a better understanding of human body language. The center of gravity is now above your head instead of in front of your head. And it is now easier to learn for a broader range of people.

The Cons: Its chunky and you can't really wear it without people noticing. It is also very expensive at a price point of \$3,500. Lastly, this device and software are still very much in Beta.

Verdict: This product is not for everyone, and rightly so. Microsoft is not marketing it as though it were. This is for the companies, for the engineers, for the surgeons, and for the architects. However, we should keep our eyes on this technology to see where it leads.



THE AUTOMOBILE



The cars that you see today are a luxury many take for granted, but it has not always been that way. The first car had only three tires and was very inefficient. Many people have made variations of the car, but the first to make a car capable of carrying a man was Nicholas-Joseph Cugnot. Guzzling gas, having a top speed of five miles per hour, and scaring the life out of nearby horses seemed to be the only use for these cars. After long years of testing and trying out many new ideas for the car, Henry Ford had invented a car that was low budget and actually worked. Unlike other large and costly cars that were handmade in other countries. Cars have changed ever since, but it is thanks to the cars that came before that we have what we have today.

MYTH BUSTERS: THE STORY OF ARACHNE

(Note: All the stories, myths, and characters that will be mentioned are completely FICTIONAL. None of them actually happened.)

If you asked me, what are my two greatest fears, I would have to say spiders and pop quizzes. Obviously, this article is not about pop quizzes. This article will be about the sad tale of Arachne.

Arachne was a very talented weaver, and her skills were known throughout ancient Greece. But the fame got to her head, and she became very proud. She started to boast that she was better at weaving than the goddess Athena. Athena heard Arachne's boasting and challenged her to a weaving contest, hoping to put the young mortal in her place. When the contest ended, Arachne proved to be the better weaver. The goddess was not happy. In her rage, she turned Arachne into a spider as punishment for her pride. This is where we get the word arachnid.

This Greek myth has many variations, but they all have the same

message. Just because you're good at something, it doesn't automatically make you better than everyone else. Proverbs 16:18 says that pride goeth before destruction. People who are humble are thankful for the gifts God gave them. They don't need the praise and adoration other people might give them because they know they don't deserve it. As Christians, instead of using our talents to get praise for ourselves, we should use our talents to honor the One who gave them to us.



OBSCURE SPORTS: KABADDI



Have you ever noticed that most sports contain a ball? For instance, basketball, football, et cetera. The sport that will be spoken about in this article does not contain a ball, or a puck, or a shuttlecock (used in badminton). In fact, this sport sort of resembles tag.

Introduced in 1938 in Calcutta, India, the sport Kabaddi was made popular by Sundar Ram. Kabaddi has two teams

that each consist of seven players. The objective of the game is to cross over to the opponents side and tag as many of the opposing team's players as you can without getting tackled, but there is only one who person who is allowed to tag. When this person, the "raider," tags his opponents, before he crosses, he must hold his breath. When he crosses over to the other side, he must chant "kabaddi" and tag as many players in that one breath. The players who have been tagged are sent off the field temporarily and are considered "out."

Picture a field divided in half by a line, called the midline, and on both sides, there are seven players. When the raider crosses the midline, the opposing team links hands and forms a chain. Their goal is to trap the raider and tackle him before he tags anyone. This sport is professionally played in South Asia, and India is considered the undefeated champion.

Kabaddi is also big in Iran and Pakistan.

Although it is not very popular in America, Kabaddi is an exceptionally fascinating sport. It is very different from our everyday sports like basketball or soccer, but honestly, I think I would enjoy playing it.



WORD SEARCH

	N	D	D	Y	Y	N	V	C	D	P	U	M	P	K	I	N	D	C	N	I
FALL	G	S	O	L	A	F	H	P	A	R	L	Y	S	N	V	W	W	Q	R	J
SWEATER	K	U	P	D	P	B	U	X	W	I	O	B	I	W	E	I	P	L	F	W
PUMPKIN	R	C	F	B	O	O	T	S	C	Q	A	X	D	F	E	V	V	B	A	A
BOOTS	H	W	A	K	T	H	C	W	P	M	C	S	A	W	A	A	K	Z	L	B
SCARF	F	W	E	P	P	A	C	O	R	N	A	B	T	R	Z	J	T	S	L	J
PIE	G	C	L	H	R	K	N	W	S	C	U	B	H	X	V	T	M	E	T	B
ACORN	M	P	F	F	G	C	X	Q	O	R	B	N	X	K	S	F	H	V	R	S
LEAF	R	W	A	G	K	M	Q	Q	P	U	Z	A	O	A	T	V	C	E	N	S
	E	L	N	F	A	L	K	X	C	T	Y	S	E	S	C	A	Q	R	G	O

IN THE MOOD FOR FOOD: RAMEN

Ramen is a salty delicious soup that is enjoyed globally. First, let's get deep into some ramen history. Ramen is considered one of the icons of Japanese culture, but it is originally from China. Ramen appeared in China in 1910 when Chinese cooks in Tokyo made their noodles with Kansui, a sodium-carbonate mineral water. It made the noodles yellow and elastic like the ramen noodles we know. The instant Cup-o-Noodle we know and enjoy was invented in 1958 by Nissin foods. The first flavor invented was (surprise!) chicken. Oh, before I forget! Ando Momofuku, the guy behind the college students' salvation from hunger, invented instant ramen for the soldiers in the post-war era. There is more to ramen than the salty noodle bricks that fill the average college student's pantry. Here are some different kinds of ramen.



- Shoyu- broth has soy sauce base and choice of meat with veggies.
- Tonkotsu- pork belly slices with chicken broth.
- Shio- chicken or fish, has veggies and egg in it.
- Miso- curry paste with choice of meat. (tangy flavor)
- Tsukemen- seaweed, chicken, noodles dipped in soy sauce and contains boiled eggs.
- Kasaoka- fish based broth, sliced pork with scallions, with flavored curry paste.

I had trouble pronouncing those in my head as I typed. Overall, I've tried most of these and let me just say, they have made Miso happy. Stay hungry kiddos!

GUESS WHAT

- The average person will spend ___ months of their life waiting for red lights to turn green.
 - a. 2
 - b. 4
 - c. 6
 - d. 8
- How many slices of bread can a bolt of lightning toast?
 - a. 10,000
 - b. 100,000
 - c. 1,000,000,000
 - d. 0
- Cherophobia is the fear of _____.
 - a. Happiness
 - b. Sadness
 - c. Fear
 - d. Jealousy
- Which president owned a water-surfing car?
 - a. Kennedy
 - b. Trump
 - c. Bush
 - d. L. Johnson
- How many pounds of sweat can NASCAR drivers lose in one race.
 - a. 0
 - b. 2
 - c. 5
 - d. 10
- How many different words does the Scottish language have for snow?
 - a. 100
 - b. 200
 - c. 300
 - d. 400

Cartoon Corner



The LA Zoo is home to birds, amphibians, and reptiles.

THE LA ZOO

thousands of mammals,

In addition, the zoo's botanical collection contains over 800 different plant species and about 7,000 individual plants. The kindergarteners were very thrilled to see them. Unfortunately some time was lost due to the shuttle braking down in the middle of the freeway, but Tierra Mia Coffee saved the trip. The generous coffee manager gave every kindergartener free apple juice. We stayed until Mr. Weldon arrived with the bus. The zoo was great and everyone saw the meerkat exhibit. Later we observed the friendly giant elephants. There is even a friendly shop vendor who offers everyone free samples of their freshly made glazed almonds. There are few animals that were hidden from the cages. We saw more large animals such as the anteater and the great giraffes. Time flew by, and before we knew it, we had been at the LA Zoo for roughly 5 hours. Everyone had fun including the principal, who got into another incident with the bus.



Random Facts

- The Wizard of Oz's Full Name is Oscar Zoroaster Phadrig Isaac Norman Henkel Emmannuel Ambrose Diggs
- You can buy eel flavored ice cream in Japan.
- The Nile crocodile can hold its breath for up to two hours while waiting for prey
- Hummingbirds' wings can beat up to 200 times a second.
- To cook an egg, a sidewalk needs to be 158°F.
- You lose about 50 to 100 hairs a day.
- Apes laugh when they are tickled.
- George Washington loved exploring caves.
- The TV remote is the dirtiest item in a typical household, hospital, or hotel room.

Crusader Quips

- Last night, I dreamed I was swimming in an ocean of orange soda. But it was just a Fanta sea
- I can't believe I got fired from the calendar factory. All I did was take a day off
- I tried to sue the airline for losing my luggage. I lost my case
- What did the janitor say when he jumped out of the closet? SUPPLIES!
- How does Moses make coffee? Hebrews it

MISS DE VERA

Miss De Vera is the 3rd and 4th grade teacher, she has been teaching for eight years and this will be her ninth year as a teacher here at GBCS. When she was in 2nd grade she wanted to become a teacher, but later on she changed her mind and wanted to become an engineer or a nurse. In the summer before her junior year of high school she realized that God had called her to become a teacher. Miss De Vera went to school at Cal State Long Beach earning her teacher credentials and her bachelor's degree. In 2018 she got her master's degree through the education of Brandman University. Miss De Vera got saved when she was in 2nd grade and she got assurance of her salvation on January 23, 1999, during a youth rally at church. Miss De Vera is such an encouraging woman of God and serves in many ministries in the church. She is in the bus ministry, choir, a Sunday school teacher; and she helps with the sound in the auditorium for our services. She loves Ferris wheels and enjoys playing on her Nintendo Switch. She also loves the Lakers. She is a big blessing to GBCS; and we look forward to seeing what else God has in store for her life.



The Riddler

1. Only one color, but not one size, Stuck at the bottom, yet easily flies, Present in sun, but not in rain, Doing no harm, and feeling no pain. What is it?
2. Who is that with a neck and no head, two arms and no hands?
3. What is it that given one, you'll have either two or none?
4. The more you take away from me, the bigger I get. What am I?
5. I am the beginning of the end, and the end of time and space. I am essential to creation, and I surround every place. What am I?
6. Until I am measured I am not known, Yet how you miss me when I have flown. What Am I?
7. The more you take, the more you leave behind. What am I?

CRUSADER SPIRIT DAYS

Cereal Day

Thursday, October 24

Come to school dressed as your favorite cereal or cereal mascot.

- Best dressed- winners will receive Crusader Cash that can be redeemed at the lunch counter or at Crusader home games for triple value.
- Cereal eating contest at lunch- winners will receive a pizookie at lunch on Friday



Crusaders Sideline Store

We are pleased to announce our new school spirit store is now live! This year we are partnering with BSN sports to offer more options for our fans to show school spirit and support. It's called a "Sideline Store," and the link to ours can be found on our website at gbclongbeach.org/gbcs/crusader-apparel. The store offers items such as T-shirts, sweatshirts, hats, bags, travel mugs, and much more all with Crusader branding. Variety is what BSN is all about, and they offer it in the form of both options and prices. Prices range from reasonable to downright ridiculous (expensive). Feel free to ignore all the expensive merchandise and find something you like in the price range you're comfortable with. While they do offer the school a small percentage of sales as a kickback, this is not considered a fundraising opportunity for the school so don't feel

pressured to spend a lot, or anything at all for that matter. We just want you to have the ability to show your school spirit. Most items are customizable, so if you find a shirt you like but you would prefer a different design on it, just click the "other designs available" button and choose one you like. There are design categories for alumni, family members, basketball, and volleyball.

I've already placed an order with something for everyone in the family. One exciting thing about this partnership is that the store will be available year round, so you can order more whenever you want instead of having to wait until the beginning of the next school year to place your order. No more guessing how many crusader shirts your kids will ruin or lose this year. They are however, putting on a grand opening sale for our school. Now through November 8 enter promo code GRANDOPENING19 to get 25% off. Go online now and pick out some cool Crusader gear to wear to the games. Go Crusaders!

Crusader Athletics

Monday, 10/28- **GBCS @ Pacific** (Basketball and Volleyball)
 Tuesday, 11/5- **GBCS @ Calvary** (Varsity Basketball)
 Tuesday, 11/12- **Lighthouse @ GBCS** (Varsity Basketball)
 Friday, 11/15- **Faith @ GBCS** (Varsity Basketball)



Check us out online!

Current and former issues of *The Crusade* can be found online at gbclongbeach.org/gbcs/the-crusade



Sideline Store

1 A Shadow
 2 A shirt
 3 A choice
 4 A hole
 5 The letter E
 6 Time
 7 Footsteps